



**blessings**<sup>TM</sup>  
inspire. equip. support.

## **BLESS:**

**Touch the head or shoulder of the child  
as you speak the blessing over them.  
This posture indicates they are ready to receive the blessing:**

**May you always rejoice in God  
because He always keeps His promises.**

**Open a Bible and read Luke 1:46–47:**

**“Mary said, ‘My soul glorifies the Lord and  
my spirit rejoices in God my Savior.’”**

