

Remote Control: The choice is yours



Use this guide to help your family learn how God wants us to live with self-control.

First, watch this week's video!

**Self-control:
Choosing to do what you should even when you don't want to**

Memory Verse

"God's power has given us everything we need to lead a godly life."
2 Peter 1:3a, NIV

Bible Story

Choose Your Words Carefully
Proverbs 12:18

Bottom Line

Think before you speak.

Activity

Which Word?

What You Need:

Six note cards, pen or pencil

What You Do:

Write the following words on the front and back of each note card:

Front:	Back:
<i>King Solomon</i>	<i>King David</i>
<i>Proverbs</i>	<i>Matthew</i>
<i>Words</i>	<i>Actions</i>
<i>Sword</i>	<i>Fork</i>
<i>Healing</i>	<i>Happiness</i>
<i>Think</i>	<i>Jump</i>

Tell your child that you'll read a sentence, and they need to fill in the blank. However, instead of them thinking of the answer completely on their own, you're going to hand them a note card with two answers. One is correct and one is not. They have to choose the correct word to give the right answer.

Ask each review question and give your child the corresponding note card.

Review Questions:

- Which king was one of the wisest people to ever live? (*King Solomon*)
- Which book of the Bible contains many of Solomon's wise sayings—including the one we're looking at today? (*Proverbs*)
- What do many of Solomon's wise sayings remind us to be wise with? (*words*)
- The words of thoughtless people can cut . . . like what sharp object? (*sword*)
- The tongue of a wise person brings what? (*healing*)
- We should ____ before we speak. (*think*)

Talk About the Bible Story

Words ARE powerful. When do words "cut like swords" and hurt us? (*when they're used in a negative or thoughtless way*)

When is it hard to control the things you say? (*Help your child think about situations other than when they feel angry. Guide the conversation toward the area of "thoughtless" words, such as when they tell jokes or make fun of someone, are showing off or trying to be cool, bragging, swearing, drawing attention to themselves, etc.*)

How can you remember to THINK before you SPEAK?

Parent: Share about a time when you did NOT think before you spoke. What happened

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, we are so thankful that You want to use our words to make a huge impact in the world around us! God, remind us that the words we choose each and every day have the power to hurt someone or help someone. Please show us how to have self-control with our words. Let Your Holy Spirit remind us of the power we have within us, and help us remember to think before we speak. We love You, and we pray these things in Jesus' name. Amen!"